



Dear Rumboldswyke families,

Last week, something very special happened! We paired Green and Blue Class as reading buddies on Friday afternoon. Green Class were such wonderful mentors listening (and teaching) their younger mentees to read. They then shared a story of their choice with their reading buddy. Just look at these scrumptious photographs!



Another utterly gorgeous moment in the school week was on Tuesday afternoon. Blue Class had a 'beary' special treat! Their families were invited in to decorate and clothe their very own 'Build a Bear'. What a creative bunch you are!



Smart Phones and Mental Health

I am a fan of the Smart Phone. It is an incredible invention which puts a wealth of knowledge, entertainment and collaboration at our fingertips. However, you probably all know, I am very concerned about how this device can be detrimental to our mental health.

This week, our play therapist shared a document detailing concerns about children's mental health and smartphones/ tablets. Limiting screen time is really important for good mental health!

1. Smartphones are linked to anxiety and depression

There has been an explosion of mental illness in Gen Z, the generation that grew up with smartphones. Multiple studies from across the world have found a correlation between teen depression, anxiety and suicide, and excessive smartphone use.

Mental health researchers Jonathan Haidt and Jean Twenge have observed that symptoms of depression and suicide rates among teens increased sharply in 2012, coinciding with the acceleration of smartphone ownership particularly among those younger generations.

2. Smartphones expose children to extreme safeguarding risks

Through their smartphones, UK children are exposed to: violent and sexual imagery; grooming via sexual predators; cyberbullying and sexting.

3. Smartphones impair attainment

Smartphones have a negative impact on learning, academic achievement and the kind of cognitive functioning needed for success at school. They are designed to distract children's attention and increase dependency on them. Schools which ban mobile phones have higher exam results.



A number of Thank you's

This week we have been without our wonderful caretaker/cleaner, Miss Kozak. I wanted to share with you what an amazing team of staff we have. Before and after school this week, the staff have been hoovering, dusting, cleaning toilets, mirrors and glass to ensure the school still looks the very best for the children.



Another huge thank you to Mr Baker (Mrs Baker's husband) who has been in tending to our external areas and sweeping the car park.

You may have noticed our windows have been gradually changing colour from brown to white. This is due to the support and expertise in the Bishop Luffa Learning Partnership Team, who secured grant funding for us. The wonderful site team have fitted the windows for us, saving even more money.

AFRS Summer Fair Meeting:

Just a reminder that our meeting to finalise plans for our Summer Fair is **next Thursday 23rd May at 2:30pm.**

This event helps raise valuable funds for our children, but we need helpers to ensure it can go ahead and to make it a success. Unfortunately, if we do not get enough helpers, we will sadly have to cancel the event.

If you are able to help out with anything from setting up, packing away and / or helping out on a stall for a short while during the event, please could we ask that you complete the google form via the link below. A list will also be available outside school to sign up.

<https://forms.gle/E9wMmSrEiHsXytvm9>

Thank you for your support!

Dance Club

Dance Club will resume next week - Wednesdays at 3:15pm – 4pm.

Donations of balls

The children love playing various ball games at lunchtime. Unfortunately we do seem to lose a number over the fence. Some come back, some don't. If you have any **soft** balls, of any size lying around at home and would be willing to donate them to the school, we would be very grateful. However, we would urge you to explain this to your children as it would be considered a school ball not their ball from home.

With very best wishes,
Lisa Harris



Term Dates
2023 - 2024

Summer Term 2024

Monday 15th April – Tuesday 23rd July
Half Term – Monday 27th – Friday 31st May

INSET Day Monday 3rd June – children not in school



Diary Dates

May 2024

20 th May	Football Club (Yrs 3, 4 & 5)
21 st May	Swimming (Red Class) Choir Club
22 nd May	Dance Club (3:15 – 4pm)
23 rd May	AFRS Meeting re: Summer Fair 2:30pm – 3:15pm Football Club (Yrs 1 & 2)
27 th - 31 st May	Half Term

June 2024

3 rd June	INSET Day (no children in school)
4 th June	Back to School Choir Club
5 th June	Dance Club (3:15 – 4pm)
6 th June	Football Club (Yrs 1 & 2)
7 th June	5 Ways of Wellbeing Day for Yr5
10 th June	Football Club (Yrs 3, 4 & 5)
11 th June	Choir Club
12 th June	Dance Club
13 th June	Football Club (Yrs 1 & 2)
17 th June	Football Club (Yrs 3, 4 & 5)
18 th June	Choir Club
19 th June	Dance Club
20 th June	Football Club (Yrs 1 & 2)
24 th June	Football Club (Yrs 3, 4 & 5)
25 th June	Choir Club
26 th June	Dance Club
27 th June	Football Club (Yrs 1 & 2)
28 th June	Summer Fair 3:15 – 4:30pm

July 2024

1 st July	Football Club (Yrs 3, 4 & 5)
2 nd July	Choir Club
3 rd July	Sports Day
3 rd July	Dance Club